

MOMENT.

PLANNER

Taylor Marcus

2026

Get Ready to Live

The Moment Planner is designed for appreciating, valuing, and structuring our most precious asset: time.

This planner is influenced by the practice of *memento mori*; the art of remembering that our time is finite and everything you know and love is impermanent. At first glance, thinking about death may seem morbid or depressing. Over time, however, this awareness becomes liberating. Mortality reflection increases gratitude, clarifies what truly matters, and helps us live with greater intention.

This is a hyperlinked planner. You can tap the months, weeks, and dates to quickly navigate between pages.

Reflections

Every daily page features an original journaling prompt crafted for a brief reflection. The prompt is inspired by a unique accompanying quote. This library is drawn from philosophers, artists, and spiritual leaders who have wrestled with life's deepest questions.

Visualizations

Like most planners, you will find pages for each month, week, and day of the year. On these pages are visualizations for tracking your journey through time at a glance and countdowns that make time tangible:

- **Progress Ring:** Your progress through life. Shows the time elapsed over 1 year.
- **Life in Months:** Your lifetime as a grid of squares. Filled squares show months lived; empty squares show months remaining.
- **Life in Weeks:** Your lifetime displayed as a grid of circles. Each row represents a calendar year of weeks.
- **Life Countdown:** A clock displaying the years, months, and days of your life remaining based on actuarial projections.
- **Progress Bar:** A meter showing what percentage of your statistical lifespan has passed, anchored by your birth year and actuarial year.
- **Day Counter:** The total days you've lived.

About Your Timeline

Moment uses actuarial data to calculate your life expectancy. These are statistical averages meant to show you the passage of time, not a prediction. It's impossible to predict when anyone will die, and as you will find, many of the philosophers quoted in this planner thought it was wiser to give up any pretense of prescience.

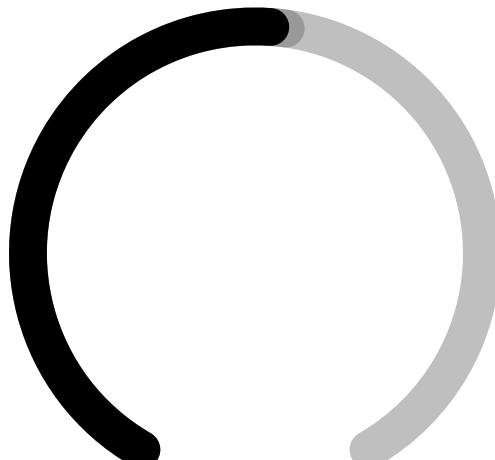
Enjoy the planner and please share any feedback you might have.

dev@fabled.llc
life-time-app.com

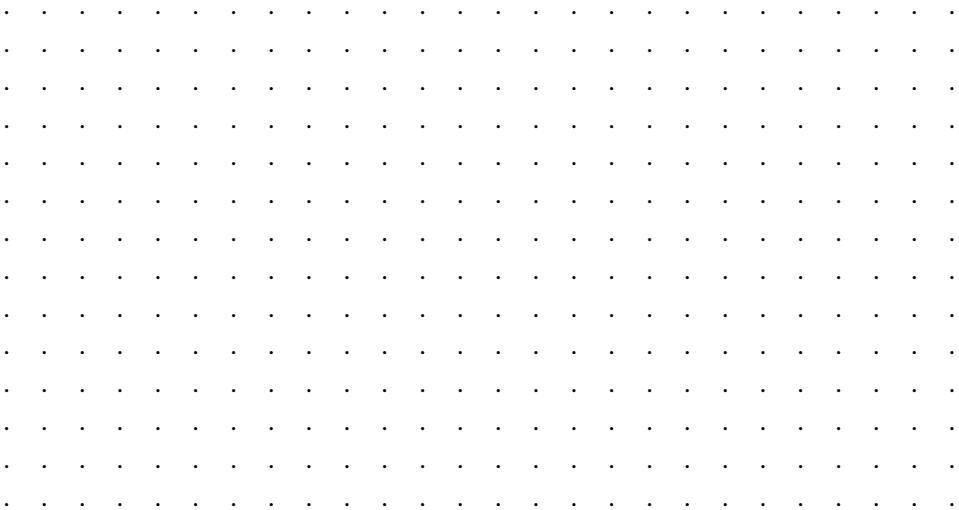
"He is the happiest man who can set the end of his life in connection with the beginning."

— Johann Wolfgang von Goethe

Taylor Marcus



2026



| January | | | | | | | |
|---------|----|----|----|----|----|----|----|
| W | M | T | W | T | F | S | S |
| 1 | | | 1 | 2 | 3 | 4 | |
| 2 | 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 3 | 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 4 | 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 5 | 26 | 27 | 28 | 29 | 30 | 31 | |

| February | | | | | | | |
|----------|----|----|----|----|----|----|----|
| W | M | T | W | T | F | S | S |
| 5 | | | | | | | 1 |
| 6 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 7 | 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 8 | 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 9 | 23 | 24 | 25 | 26 | 27 | 28 | |

| March | | | | | | | |
|-------|----|----|----|----|----|----|----|
| W | M | T | W | T | F | S | S |
| 9 | | | | | | | 1 |
| 10 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 11 | 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 12 | 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 13 | 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 14 | 30 | 31 | | | | | |

| April | | | | | | | |
|-------|----|----|----|----|----|----|----|
| W | M | T | W | T | F | S | S |
| 14 | | | 1 | 2 | 3 | 4 | 5 |
| 15 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 16 | 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 17 | 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 18 | 27 | 28 | 29 | 30 | | | |

| May | | | | | | | |
|-----|----|----|----|----|----|----|----|
| W | M | T | W | T | F | S | S |
| 18 | | | | | | 1 | 2 |
| 19 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 20 | 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 21 | 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 22 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |

| June | | | | | | | |
|------|----|----|----|----|----|----|----|
| W | M | T | W | T | F | S | S |
| 23 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 24 | 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 25 | 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 26 | 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 27 | 29 | 30 | | | | | |

| July | | | | | | | |
|------|----|----|----|----|----|----|----|
| W | M | T | W | T | F | S | S |
| 27 | | | 1 | 2 | 3 | 4 | 5 |
| 28 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 29 | 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 30 | 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 31 | 27 | 28 | 29 | 30 | 31 | | |

| August | | | | | | | |
|--------|----|----|----|----|----|----|----|
| W | M | T | W | T | F | S | S |
| 31 | | | | | | 1 | 2 |
| 32 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 33 | 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 34 | 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 35 | 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 36 | 31 | | | | | | |

| September | | | | | | | |
|-----------|----|----|----|----|----|----|----|
| W | M | T | W | T | F | S | S |
| 36 | 1 | 2 | 3 | 4 | 5 | 6 | |
| 37 | 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 38 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 39 | 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 40 | 28 | 29 | 30 | | | | |

| October | | | | | | | |
|---------|----|----|----|----|----|----|----|
| W | M | T | W | T | F | S | S |
| 40 | | | 1 | 2 | 3 | 4 | |
| 41 | 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 42 | 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 43 | 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 44 | 26 | 27 | 28 | 29 | 30 | 31 | |

| November | | | | | | | |
|----------|----|----|----|----|----|----|----|
| W | M | T | W | T | F | S | S |
| 44 | | | | | | 1 | |
| 45 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 46 | 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 47 | 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 48 | 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 49 | 30 | | | | | | |

| December | | | | | | | |
|----------|----|----|----|----|----|----|----|
| W | M | T | W | T | F | S | S |
| 49 | 1 | 2 | 3 | 4 | 5 | 6 | |
| 50 | 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 51 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 52 | 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 53 | 28 | 29 | 30 | 31 | | | |

January

| W | M | T | W | T | F | S | S |
|---|----|----|----|----|----|----|----|
| 1 | | | 1 | 2 | 3 | 4 | |
| 2 | 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 3 | 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 4 | 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 5 | 26 | 27 | 28 | 29 | 30 | 31 | |

February

| W | M | T | W | T | F | S | S |
|---|----|----|----|----|----|----|----|
| 5 | | | | | 1 | | |
| 6 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 7 | 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 8 | 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 9 | 23 | 24 | 25 | 26 | 27 | 28 | |

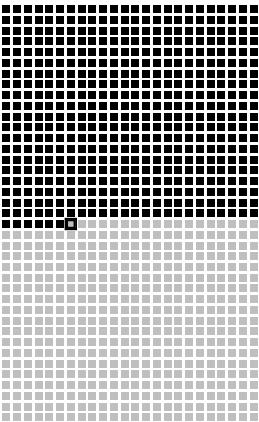
March

| W | M | T | W | T | F | S | S |
|----|----|----|----|----|----|----|----|
| 9 | | | | | 1 | | |
| 10 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 11 | 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 12 | 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 13 | 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 14 | 30 | 31 | | | | | |

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|----|--------|---------|-----------|----------|--------|----------|--------|
| W1 | | | | 1 | 2 | 3 | 4 |
| W2 | 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| W3 | 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| W4 | 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| W5 | 26 | 27 | 28 | 29 | 30 | 31 | |

Notes

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2026 Q1 January W1

29 Monday

30 Tuesday

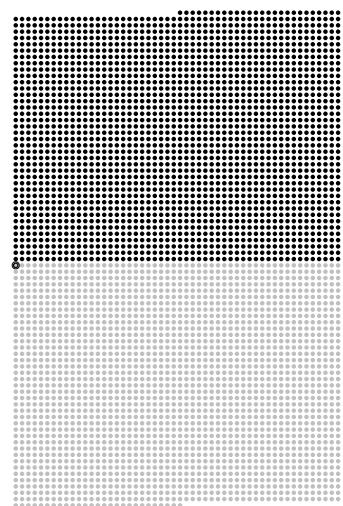
31 Wednesday

1 Thursday

2 Friday

3 Saturday

4 Sunday



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Schedule/Notes

Priorities

C | C | C | C

Reflection

Think of something you once found fascinating that now feels routine. What closed in you as your familiarity grew?

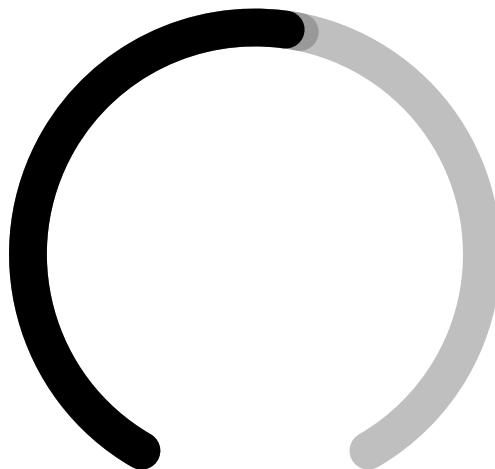
"In the beginner's mind there are many possibilities, but in the expert's mind there are few."

— Shunryu Suzuki

"In the end, it's not the years in your life that count. It's the life in your years."

— Abraham Lincoln

Taylor Marcus



2027

